

Winter



2019

LIVE COURSES



LIVE courses are scheduled for a specific date and time. All LIVE courses have an online instructor who will meet with you and other learners online in the online classroom. You will need speakers and a microphone to be able to listen and ask questions during class.

INDEPENDENT STUDY COURSES



INDEPENDENT STUDY allows learners to work on their courses on their own at any time of day that is convenient for them. There is continuous intake for our INDEPENDENT STUDY courses which means you can start anytime. Courses should be accessed on a weekly basis in order for progress to be made.

HAVING TECHNICAL ISSUES?



If you are experiencing any technical difficulties when trying to access your LIVE course, please call Contact North's technical support toll free at 1-888-850-4628

HOW TO SIGN UP FOR CLASSES?



EMAIL your mentor if you are already registered with **Good Learning Anywhere**.



Visit our WEBSITE to register if you are **new** to **Good Learning Anywhere**.

www.goodlearninganywhere.com



Like us on Facebook!

January Sharing Circle: Lee Maracle



January will see Sharing Circle host Julie speak with award winning author and teacher Lee Maracle. Ms. Maracle is a member of the Sto:loh Nation in British Columbia and is employed by the University of Toronto as well as the Centre for Indigenous Theatre. Her writing has garnered her numerous awards. Join us Tuesday January 22 for this online community event.

Dates and Times	Jan. 22	Tue.	10:30 am – 12:30 pm
OALCF Details	Use Digital Technology D1		



Everyone is welcome to our sharing circles. GLA clients are automatically enrolled. If you are not a client and would like to attend visit our Website for more information on how to attend.

Introduction to Online Learning



This LIVE 2 hour class introduces the online platforms that are used in GLA. The course is taught in the live online classroom where we will use the whiteboard and it's on screen tools to communicate with other learners across Ontario. During the 2 hours we will also explore our independent learning platform Plato and our Short Courses in Moodle. These 2 platforms let you learn at your own pace while supported by your mentor. Both have many courses to choose from. Come explore the learning options with GLA and find the styles that will work for you! Note: This course is offered more than once. Please register for **one** only.

Dates and Times	Jan. 16	Wed..	10:30 am – 12:30 pm
	Jan. 24	Thu.	10:30 am – 12:30 pm
	Feb. 26	Tue.	10:30 am – 12:30 pm
	Mar. 27	Wed.	10:30 pm - 12:30 pm
OALCF Details	Use Digital Technology D1		



New Courses for Winter 2019

First Step: Moodle Edition

New GLA's popular live online course is now available in Moodle so you can move through at your own pace. The First Step course is an introduction to online learning while identifying your strengths and interests. The course ends with goal setting and planning your next steps on your unique learning path.

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Manage Learning



Introduction to Métis Culture

New A 6 part introduction to the culture of Canada's Métis groups, their history, and where they are now. In this course we explore a number of aspects such as who the Métis are, where they are from historically and their connection to both First Nations and European roots, their languages and traditions and the issues that remain important to the Métis today. *This is a 6 session course.*

Dates and Times	Feb 12 - 28	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	Find & Use Information; Communicate Ideas & Information		

Paths to Success

New This resource has been developed to help guide learners through a journey of understanding themselves, their role in their family and community and how that may influence their career direction. Developing a holistic idea of who the learner is will help them identify a career path that supports them on more than a financial level. Adapted for online from an ONLC resource.

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Manage Learning



Woodland Art and Artists

New Do you know the work of a Woodland Artist? Norval Morrisseau, through his unique approach to painting, brought recognition to Indigenous art and culture. In this 2-hour session, we will introduce you to the work of this great Canadian artist, as well as the work of four other important Woodland artists. Daphne Odjig, Jackson Beardy, Carl Ray, and Eddie Cobiness, like Morrisseau, turned to their Indigenous roots and traditional knowledge to paint bold, eye-catching images that tell the story of the Ojibwa in a unique way.

Dates and Times	Jan. 29	Tues	10:30am – 12:30pm
OALCF Details	Find & Use Information; Communicate Ideas & Information		



All GLA courses from A - Z

Accucess Assessments for Math, Reading or Language

Not sure what level of Math, Reading or Language you should be registering for? This independent learning course is an easy online assessment that allows you to be quickly placed into the appropriate level in the following areas: Reading, Language Arts and Math. Based on the results of these assessments, a personal learning path is created to meet your educational goals. Your mentor will be there to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information; Communicate Ideas & Information; Understand & Use Numbers

Be Your Own Boss



Have you ever thought about starting your own business? Join us for these 6 classes as we explore the skills that you already have, and learn new tasks involved in action planning, record keeping and marketing! Guest speakers will share how they have become successful business people in their communities and beyond. *Note: This is a 6-session course.*

Dates and Times	Feb 5 - 21	Tue. & Thu.	10:30am – 12:30pm
OALCF Details	Communicate Ideas and Information B3		

Beginners Guide to the Internet



This course is for NEW USERS to the Internet! Surfing the web for information can be fun, but we will discuss ways to stay safe while online and discover tips on how to read web pages! *Note: This is a 6 session course.*

Dates and Times	Jan. 21 - Feb. 6	Mon. & Wed.	1:30pm – 3:30pm
OALCF Details	Understand and Use Numbers C4		

Career Explorations

This independent course is designed for those looking at identifying employment opportunities and exploring different career pathways. You will learn how to create and manage an academic and career plan that is aligned with your personal goals and interests.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3

Complete an Online Job Application

This course is designed for the learner who is preparing for employment. In this course, learners will learn how to submit an online application with a resume in proper business format. They will work to create a complete resume listing their skills, experience, and educational background by following the examples provided.

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B3; Use Digital Technology D2

Computing for Careers and College

This course is intended to help learners understand how a computer operates and the skills you need to work with one. The course will cover basic computing information and internet use for people entering careers and post secondary schooling. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Use Digital Technology D1-3

Create a Blog

Blogging is an online event that started out as online diaries, but it has developed into an online community for anyone to share information and their expertise! In this course you will learn how to start your own blog!

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B4; Use Digital Technology D2

Creating a Personal Budget



Creating a budget can help us track our spending habits. This allows us to identify ways to spend our money in ways that will help us meet our goals! Whether your goal is to buy a new snow machine, save money for school, or set aside money for some fun – creating a budget can help you work towards it. *This is a 6-session course.*

Dates and Times	Mar 5 - Mar 28	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	Understand and Use Numbers		

Creating Presentations



Presentations can be used to persuade or inform your audience! Sign up for this course to learn how to use Google Presentations (similar to PowerPoint) to create presentations. Time will be spent on developing online presentation skills to be used towards a final presentation. *This is a 6-Session course.*

Dates and Times	Feb. 13 – Mar. 27	Wed.	1:30 pm - 3:30pm
OALCF Details	Use Digital Technology D3		



Creative Writing: So You Think You Can Write

This 6-session live course builds on the variety of writing techniques learned in Creative Writing. We will continue to encourage connection to thoughts and feelings and support creative self expression through writing. While there will be many writing tasks throughout this course, we will also begin searching for opportunities available for funding and publishing new writers.

Dates and Times	Jan. 23 - Feb. 27 Wed. 10:30am – 12:30pm
OALCF Details	Communicate Ideas & Information B4

Customer Service

Are you interested in working in the customer service field? There are actually VERY few jobs where you won't need to have customer service skills! This short course will explore the most valuable customer service skills such as communication skills, coping with stress at work, time management, positivity and conflict resolution.

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Engage with Others

Every day is Earth Day

Earth Day is officially celebrated each year on April 22nd, but really, EVERY day is Earth Day! This course is an introduction to global warming and climate change. Learn what these terms mean, their effects and what YOU can do to help. Now, more than ever, we need to increase awareness and take action to protect our planet. Taking this course is a great first step!

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information



Everyday Math

Math is everywhere, and we use it every day whether we know it or not! We use it in the workplace, in our homes, and in our personal lives. In this course, we explore the math we use as consumers, in the kitchen, doing home improvements, and much more! This 6-session course is for various levels and includes real-world math problems. *No class on Feb 18 or Mar 11*

Dates and Times	Feb. 11 - Apr 1 Mon. 1:30 pm – 3:30pm
OALCF Details	Understand and Use Numbers C1 & 2

Food For Thought

Food plays a vital role in our lives and in our cultures. Even though it is a part of our daily life, it is a very complex topic. Costs, availability, traditions, and nutrition are just some of the factors that complicate our relationship with food. In this course, you'll be introduced to food security, what it means, and how to combat it. You'll also learn about pantry basics, supermarket setups, budget-friendly recipes, and more!

Learning Platform	Moodle
OALCF Details	TBD

G1 Drivers Test - Preparing to write the test

To become a licensed driver in Ontario, you must pass a written test. Take this course to learn about the rules of the road, how to identify traffic signs and about the types of questions on the test. This course also includes practice tests for you to try.

Learning Platform	Moodle
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B3; Use Digital Technology D1

Get a Jump on Healthy Living

Bimaadziwin “The Good Life” Jumpstart a healthy lifestyle! Join us as we explore ways to rejuvenate our lifestyle habits. Get tips on reducing stress levels through mindfulness and nutrition as well as getting tips on grooming and personal hygiene. Come along as we launch into a time of self-exploration and create a unique self-care plan for health and wellness!

Learning Platform	Moodle
OALCF Details	Find & Use Information A1; Communicate Ideas & Information B2

Introduction to Food Safety Certification

Food Handling is part of many jobs and having the certification can be a great addition to your resume. This Moodle course goes over what the Safe Food Handling is, who Needs it, and an overview of the course and options to get certified.

Learning Platform	Moodle
OALCF Details	Find & Use Information;

Introduction to Smart Serve

Smart Serve is a certification that is required by anyone who serves or handles alcohol. Complete this Moodle Course to learn what Smart Serve is, who needs it and about the type of questions and vocabulary in the certification course.

Learning Platform	Moodle
OALCF Details	Find & Use Information;

Introduction to WHMIS

Hazardous products can be found in nearly all homes and workplaces. The goal of WHMIS training is to protect workers from chemical hazards in the workplace. WHMIS is a great addition to anyone's resume. This Moodle course goes over what the WHMIS is, who should take it and an overview of the course and options to get it.

Learning Platform	Moodle
OALCF Details	Find & Use Information

Math Essential Skills

Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus on numeracy, the ability to use numbers. We use this skill when working with money, scheduling activities, budgeting or measuring things. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Understand and Use Numbers C1-4

Mindfulness Matters

Mindfulness is for everyone. It doesn't matter how old you are, what your physical ability is, if you're religious or not, it can benefit you! In this introductory course, we learn what mindfulness is, why it is important, and start practicing some simple and easy techniques that will help you cope with stress and create some calm space in your mind.

Learning Platform	Moodle
OALCF Details	TBD

Money Matters

Money Matters is a free financial literacy and education savings program for adult learners developed by ABC Life Literacy Canada and TD Bank Group. Learners get great financial literacy tips and resources and learn more about education savings opportunities available from the Government of Canada.

Learning Platform	Moodle
OALCF Details	Understand and Use Numbers C

Office Administration Essential Skills

Are you interested in working in an office? Working in an office is an exciting job with a variety of tasks! This short course will explore the communication skills, customer service skills and computer skills that you need to be successful in an office administration job. We will discuss how confidentiality is an important part of working with customers!

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Use Digital Technology

Personal Health

Are you interested in living a healthy lifestyle? Are you interested in learning about proper diets and nutrition? This course includes 5 Units: Personal Health, Nutrition & Fitness, Preventing Disease & Injury, Growth, Development & Sexuality, Substance Abuse, and Mental Health & Community Health Issues. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1

Physical Education

Physical activity plays an important role in health, well-being and quality of life. It's important to have the tools and knowledge prior to getting more active so we can stay motivated to reach our goals. This course includes 3 Units: Getting Active, Improving Performance and Lifestyle. Popular unit topics include: Basics of Physical Activity & Exercise, Muscular Strength & Endurance, and Effects of Media & Culture. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1

PreGED

This independent learning course is for you if you are preparing to write your GED or take a GED prep course. Math, Reading, Writing and Science are available.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3; Understand & Use Numbers C2, 4

Preparing for a Zombie Apocalypse



...and real emergencies too!!! So what do you need to do before zombies attack...or ice storms or floods actually happen? Natural and man-made disasters are becoming increasingly widespread throughout Ontario. When we hear about disasters or emergencies, we think they won't happen to us; then they do and we are unprepared. Join us as we learn to prepare for a Zombie Apocalypse and real emergencies too. *This is a 6-session course.*

Dates and Times	Mar. 5 - 28	Tue & Thu	10:30 am – 12:30pm
OALCF Details	Find & Use Information A2; Communicate Ideas & Information B3; Use Digital Technology D1		

Pot Politics

In October, Canada will legalize marijuana use. The regulation of cannabis will touch many aspects of our society - Do you know your rights? This Moodle course will explore the effects of Marijuana use so we can make informed decisions. It will also look at what Bill C-45 means for marijuana possession, home growing, and sales for adults with useful and relevant information.

Learning Platform	Moodle
OALCF Details	TBD

Reading Essential Skills

Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus on reading strategies for messages, letters, and reports. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1; A2

Ready for College

Are you thinking of applying to college or other training? Have you been out of school for awhile and would like to brush up on your skills? Reading, Writing and Math are available. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress, and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3; Understand & Use Numbers C2, 4

Ready For Work

Are you looking at applying for your first job or returning to work? This short course will talk about your rights and responsibilities as an employee, time management, work ethics, lateral violence and more!

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Use Digital Technology

Rent-Wise

In this course, we will take a look at things you need to know and consider when renting a place to live. Learn about rental options, vacancy rates, subsidized and co-operative housing, tenancy agreements, tenant rights and responsibilities, and maintenance and safety. Equip yourself with this introduction to the knowledge you need to rent wisely and protect your rights.

Learning Platform	Moodle
OALCF Details	TBD

ReVision Quest

Come and join us for a course that uses podcasts by CBC which "mixes personal storytelling, current affairs interviews and comedy to explore issues affecting Native peoples today ..." (www.cbc.ca/revisionquest/about/) In this course, we will work on tasks built around each topic. *Based on curriculum created by Ningwakwe Learning Press.*

Learning Platform	Moodle Short Course
OALCF Details	Find & Use Information A3

Spirit Self Discovery



This course is based on the resource from Ontario Native Literacy Coalition for Aboriginal adult learners who want to improve their life and employability skills. These 6 classes include the modules "Mind, Body and Spirit", "Self Confidence/Self Esteem", "Attitudes and Thoughts", "Self-Defeating Behaviours", "Feelings and Emotions", and "Communications".

Dates and Times	Jan. 22 - Feb. 7	Tue. & Thu.	1:30 pm – 3:30pm
OALCF Details	Communicate Ideas & Information B3		

Take a Test

This course is designed for the learner preparing to enter the Credit or Post-secondary path. Preparing for a test can seem overwhelming, so learn strategies on how to successfully prepare for taking a test. We will practice various techniques for studying and overcoming common barriers to successful test taking.

Learning Platform	Moodle
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B1-3

Workplace Writing

This independent course teaches how to write simply and effectively in a business setting. You will learn how to write memos, directions, letters, meeting documents, reports and how to fill out forms. It consists of 25 modules.

Learning Platform	Plato
OALCF Details	Communicate Ideas & Information B2-3

Write an Essay

This course is designed for the learner who is preparing for postsecondary programs. Learn the basic skills for essay writing by breaking it down into stages. Key topics covered are brainstorming, essay structure, paragraphs, thesis statements, and editing.

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B2.3

Writing Essential Skills

Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus writing strategies to complete notes, short memos, directions and reports. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Communicate Ideas & Information B1-3

Interested in a LIVE online class? Look for this symbol





Career Introduction Courses

These courses are offered in the **Independent Learning Platform Plato**.

With all Career Introduction Courses participants should be comfortable working with level 2 & 3 OALCF tasks. These courses take approximately 90 days to complete. There are small references to American information. We encourage participants to research comparable Canadian information. We do **not** offer credits for these courses. Please note that some of these courses include 2 parts so please talk to your mentor.

- Accounting
- Medical Terminology
- Career Explorations
- Child Development & Parenting
- Computer Programming
- Culinary Arts
- Essential Career Skills
- Game Development
- Graphic Design & Illustration
- Introduction to Fashion Design
- Introduction to Finance
- Introduction to Robotics
- Introduction to Social Media
- Marketing, Advertising & Sales
- Music Appreciation
- Personal Finance
- Principles of Agriculture, Food & Natural Resources
- Principles of Architecture & Construction
- Principles of Arts, A/V Technology, & Communications
- Principles of Business, Marketing & Finance
- Principles of Health Science
- Principles of Hospitality & Tourism
- Professional Photography
- Psychology
- Sociology
- Web Technologies

For **descriptions** and **more information** on the Career Introduction Courses listed above

[CLICK HERE](#)

Contact your mentor if you have any questions.