

# Fall



Good  
Learning  
Anywhere

SIoux-HUDSON LITERACY COUNCIL

# 2018

## **LIVE COURSES**



LIVE courses are scheduled for a specific date and time. All LIVE courses have an online instructor who will meet with you and other learners online in the online classroom. You will need speakers and a microphone to be able to listen and ask questions during class.

## **INDEPENDENT STUDY COURSES**



INDEPENDENT STUDY allows learners to work on their courses on their own at any time of day that is convenient for them. There is continuous intake for our INDEPENDENT STUDY courses which means you can start anytime. Courses should be accessed on a weekly basis in order for progress to be made.

## **HAVING TECHNICAL ISSUES?**



If you are experiencing any technical difficulties when trying to access your LIVE course, please call Contact North's technical support toll free at 1-888-850-4628

## **HOW TO SIGN UP FOR CLASSES?**



EMAIL your mentor if you are already registered with **Good Learning Anywhere**.



Visit our WEBSITE to register if you are **new** to **Good Learning Anywhere**.



# Like us on Facebook!

## Sharing Circle



Aambe! Maajaa daa! Get involved with online learning by attending our Online Sharing Circles. Circles are held in our live online classroom the 3rd Monday of each month (unless otherwise noted). Participants will be able to learn from and interact with a variety of First Nation guest speakers. Past speakers have included Darrell Dennis, Lisa Charleyboy and Shirley Cheechoo.

Dates and Times	Oct. 22	Mon.	10:30 am – 12:30 pm
OALCF Details	Use Digital Technology D1		



*Everyone is welcome to our sharing circles. GLA clients are automatically enrolled. If you are not a client and would like to attend visit our Website for more information on how to attend.*



## TO ONLINE LEARNING

### Introduction to Online Learning



This LIVE 2 hour class introduces the online platforms that are used in GLA. The course is taught in the live online classroom where we will use the whiteboard and it's on screen tools to communicate with other learners across Ontario. During the 2 hours we will also explore our independent learning platform Plato and our Short Courses in Moodle. These 2 platforms let you learn at your own pace while supported by your mentor. Both have many courses to choose from. Come explore the learning options with GLA and find the styles that will work for you! Note: This course is offered more than once. Please register for **one** only.

Dates and Times	Sep. 17	Mon..	1:30 pm – 3:30 pm
	Sep. 19	Wed.	1:30 pm – 3:30 pm
	Oct. 11	Thu.	10:30 am – 12:30 pm
	Oct. 29	Mon.	1:30 pm - 3:30 pm
	Nov. 28	Wed.	7:00 pm - 9:00 pm
	Dec. 12	Wed.	1:30 pm - 3:30 pm
OALCF Details	Use Digital Technology D1		





## COMPUTERS

### Create a Blog



Blogging is an online event that started out as online diaries, but it has developed into an online community for anyone to share information and their expertise! In this course you will learn how to start your own blog!

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B4; Use Digital Technology D2

### Creating Documents



Posters, lists, sign-up sheets, resumes and newsletters, are all examples of documents that can be created using a word processing program. In this course we will learn the basics of how to use these programs and how to create great looking documents for school, work or home. A Gmail account will be required as we will be using Google Documents. *This is a 6-session course.*

Dates and Times	Sep. 19 – Oct. 24	Wed.	10:30am - 12:30pm
OALCF Details	Use Digital Technology D3		

### Essential Skills for Using Mobile Devices



Are you new to the world of mobile devices? This 3 part course provides an overview of common features on mobile devices such as smartphones and tablet computers. Whether you are a first time mobile device user or are thinking of buying your first device and don't know where to start, this course may be helpful to you! Topics covered are: basic features and benefits, choosing the right device, troubleshooting and settings, privacy and security, gadgets and add-ons, apps, responsible use and saving money. *This is a 3-session course.*

Dates and Times	Nov. 7 – 21	Wed.	1:30pm – 3:30pm
OALCF Details	Find & Use Information A2; Communicate Ideas & Information B3; Use Digital Technology D1		



## EMPLOYMENT

### **\*\*New Fall 2018\*\* Create a Resume**



Do you need to create a resume? Does your resume need an update? Join us for these 4 LIVE online sessions where your instructor will help you explore resume templates, identify basic resume sections and get you started on creating your own resume using Google Docs. Participants should have a Gmail Account. *Note: This is a 4 session class*

Dates and Times	Oct. 16 - 25	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	TBD		

### **\*\*New Fall 2018\*\* Introduction to WHMIS**



Hazardous products can be found in nearly all homes and workplaces. The goal of WHMIS training is to protect workers from chemical hazards in the workplace. WHMIS is a great addition to anyone's resume. This Moodle course goes over What WHMIS is and Who should take it.

Learning Platform	Moodle
OALCF Details	Find & Use Information

### **\*\*New Fall 2018\*\* Introduction to Food Safety**



Food Handling is part of many jobs and having the certification can be a great addition to your resume. This Moodle course goes over What the Safe Food Handling is, Who Needs it, and an overview of the course and options to get it.

Learning Platform	Moodle
OALCF Details	Find & Use Information;

### **\*\*New Fall 2018\*\* Introduction to Smart Serve**



Smart Serve is a certification that is required by anyone who serves or handles alcohol. Complete this Moodle Course to learn What Smart Serve is, Who needs it and about the type of questions and vocabulary in the course.

Learning Platform	Moodle
OALCF Details	Find & Use Information;

## Be Your Own Boss



Have you ever thought about starting your own business? Join us for these 6 classes as we explore the skills that you already have, and learn new tasks involved in action planning, record keeping and marketing! Guest speakers will share how they have become successful business people in their communities and beyond. *Note: This is a 6-session course.*

Dates and Times	Oct. 16 - Nov. 1	Tue. & Thu.	10:30am – 12:30pm
OALCF Details	Communicate Ideas and Information B3		

## Bookkeeping Essential Skills



Do you enjoy working with numbers and organizing information? If so, a job in bookkeeping may be for you! This course will introduce the basics of bookkeeping and practice the Essentials Skills required for this job! Topics will include What is a bookkeeper? Basic bookkeeping terminology, the importance of keeping accurate records and much more. *Note: This is a 6 - session course.*

Dates and Times	Sep. 18 - Oct. 4	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	Understand and Use Numbers C4		

## Career Explorations



This independent course is designed for those looking at identifying employment opportunities and exploring different career pathways. You will learn how to create and manage an academic and career plan that is aligned with your personal goals and interests.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3

## Customer Service



Customer service is VERY much alive. There are actually very few jobs that don't require customer service skills! This short course will explore the most valuable customer service skills such as communication skills, coping with stress at work, time management, positivity and conflict resolution.

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Engage with Others

## Complete an Online Job Application



This course is designed for the learner who is preparing for employment. In this course, learners will learn how to submit an online application with a resume in proper business format. They will work to create a complete resume listing their skills, experience, and educational background by following the examples provided.

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B3; Use Digital Technology D2

## Office Administration Essential Skills

Are you interested in working in an office? Working in an office is an exciting job with a variety of tasks! This Short course will explore the communication skills, customer service skills and computer skills that you need to be successful in an office Administration job. We will discuss how confidentiality is an important part of working with customers!

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Use Digital Technology

## Personal Support Worker

Do you enjoy working with people and are interested in a career in the health field? If so, a career as a Personal Support Worker (PSW) may be for you. This course will explore the education and training that you will need to become a PSW and where you can get it. We will do tasks around the Essential Skills that are needed for the job. By the end of the course, you will understand what it takes to become a PSW and if it's the right choice for you! *Note: This is a 6-session course.*

Dates and Times	Nov. 20 - Dec. 6	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	Find & Use Information; Communicate Ideas & Information		

## Ready For Work

Are you looking at applying for your first job or returning to work? This short course will talk about your rights and responsibilities as an employee, time management, work ethics, lateral violence and more!

Learning Platform	Moodle
OALCF Details	Find & Use Information; Communicate Ideas & Information; Use Digital Technology

## Workplace Writing

This independent course teaches how to write simply and effectively in a business setting. You will learn how to write memos, directions, letters, meeting documents, reports and how to fill out forms. It consists of 25 modules.

Learning Platform	Plato
OALCF Details	Communicate Ideas & Information B2-3



## INDEPENDENCE

### **\*\*New Fall 2018\*\* First Aid Essentials**



If someone you were with was choking or had a head injury - would you know what to do? This 4 session LIVE course is taught by GLA instructor Holly, a former paramedic in Northern Ontario. Her many years of experience with emergency care and education give her a common sense approach. This course will introduce you to Basic First Aid concepts and How to become First Aid/CPR Certified. At the end of this course, we will know how to Recognize an Emergency, Look for Ways to Prevent Accidents and put Safety First. **This IS NOT a First Aid Certification course. Clients will get a certificate of participation for this online course.** *Note: This is a 4-session course.*

Dates and Times	Nov. 21 - Dec. 12	Wed	10:30am – 12:30pm
OALCF Details	TBD		

### **\*\*New Fall 2018\*\* Food For Thought**



Food plays a vital role in our lives and in our cultures. Even though it is a part of our daily life, it is a very complex topic. Costs, availability, traditions, and nutrition are just some of the factors that complicate our relationship with food. In this course, you'll be introduced to food security, what it means, and how to combat it. You'll also learn about pantry basics, supermarket setups, budget-friendly recipes, and more!

Learning Platform	Moodle
OALCF Details	TBD

### **\*\*New Fall 2018\*\* Mindfulness Matters**



Mindfulness is for everyone. It doesn't matter how old you are, what your physical ability is, if you're religious or not, it can benefit you! In this introductory course, we learn what mindfulness is, why it is important, and start practicing some simple and easy techniques that will help you cope with stress and create some calm space in your mind.

Learning Platform	Moodle
OALCF Details	TBD

### **\*\*New Fall 2018\*\* Pot Politics**



In October, Canada will legalize marijuana use. The regulation of cannabis will touch many aspects of our society - Do you know your rights? This Moodle course will explore the effects of Marijuana use so we can make informed decisions. It will also look at what Bill C-45 means for marijuana possession, home growing, and sales for adults with useful and relevant information.

Learning Platform	Moodle
OALCF Details	TBD

## **\*\*New Fall 2018\*\* Rent-Wise**

In this course, we will take a look at things you need to know and consider when renting a place to live. Learn about rental options, vacancy rates, subsidized and co-operative housing, tenancy agreements, tenant rights and responsibilities, and maintenance and safety. Equip yourself with this introduction to the knowledge you need to rent wisely and protect your rights.

Learning Platform	Moodle
OALCF Details	TBD

## **Creative Writing and Slam Poetry**

Come join us as we experiment with writing and build our confidence by putting pen to paper (or fingers to keyboard!). Together, through the use of creative writing activities based on subjects you know, care, and feel about, we will get ideas flowing. As we become more comfortable with our own inner ability to write, we will have the chance to share our best creative efforts in a final slam poetry session. *Note: This is a 6-session course*

Dates and Times	Sep. 26 - Oct. 31	Wed.	1:30pm – 3:30pm
OALCF Details	Communicate Ideas & Information B4		

## **Exploring Ontario First Nation Cultures**

Would you like to learn about First Nations culture? This course aims to introduce learners to three different First Nations in Ontario. Through presentations and videos, learners will explore traditional beliefs, practices and spirituality. Discussion will take place to help break down misconceptions and stereotypes. *Note: This is a 6-session course.*

Dates and Times	Oct. 30 - Nov. 15	Tue. & Thu.	1:30pm – 3:30pm
OALCF Details	Find & Use Information A1-3; Communicate Ideas & Information B1		

## **Every Day is Earth Day**

Every Day is Earth Day!: Earth Day is officially celebrated each year on April 22nd, but really, EVERY day is Earth Day! This course is an introduction to global warming and climate change. Learn what these terms mean, their effects and what YOU can do to help. Now, more than ever, we need to increase awareness and take action to protect our planet. Taking this course is a great first step!

Learning Platform	Moodle
OALCF Details	TBD



## G1 Drivers Test - Preparing to Write the Test



To become a licensed driver in Ontario, you must pass a written test. Take this course to learn about the rules of the road, how to identify traffic signs and about the types of questions on the test. This course also includes practice tests for you to try.

Learning Platform	Moodle
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B3; Use Digital Technology D1

## Get a Jump on Healthy Living



**Bimaadziwin “The Good Life”** Jumpstart a healthy lifestyle! Join us as we explore ways to rejuvenate our lifestyle habits. Get tips on reducing stress levels through mindfulness and nutrition as well as getting tips on grooming and personal hygiene. Come along as we launch into a time of self-exploration and create a unique self-care plan for health and wellness!

Learning Platform	Moodle
OALCF Details	Find & Use Information A1; Communicate Ideas & Information B2

## Is Math in Your Path?



If your answer to this question is YES, then this 6 session SABA course is for you! We are going to explore basic math skills including whole numbers, addition, subtraction, multiplication, division, order of operations and integers! There will be lots of practice and time to play some games! Note: *This is a 6-session course.*

Dates and Times	Nov. 6 - Nov 22	Tue & Thu	10:30am – 12:30pm
OALCF Details	Understand and Use Numbers C1 & 2		

## M’Nendamowin: A Good Way of Thinking



**Introduction to Mental Health.** The spotlight on Mental Health has not shone brighter than it has these past few years thanks to Media, National Celebrities and Corporate Initiatives like Bell Talk. You may have asked yourself questions like: What is Mental Health? How does it affect me or someone I know? What does it look like? Where can I get help? Join us as we introduce you to Mental Health, the facts, the fiction and the resources. *Note: This is a 6 session course. The information in this course is intended as an introduction only and is not intended to replace professional assistance.*

Dates and Times	Nov. 27 - Dec. 13	Tue. & Thu.	10:30am - 12:30pm
OALCF Details	Communicate Ideas and Information B4		

## Money Matters

*Money Matters* is a free financial literacy and education savings program for adult learners developed by ABC Life Literacy Canada and TD Bank Group. Learners get great financial literacy tips and resources and learn more about education savings opportunities available from the Government of Canada.

Learning Platform	Moodle
OALCF Details	Understand and Use Numbers C

## Personal Health

Are you interested in living a healthy lifestyle? Are you interested in learning about proper diets and nutrition? This course includes 5 Units: Personal Health, Nutrition & Fitness, Preventing Disease & Injury, Growth, Development & Sexuality, Substance Abuse, and Mental Health & Community Health Issues. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1

## Physical Education

Physical activity plays an important role in health, well-being and quality of life. It's important to have the tools and knowledge prior to getting more active so we can stay motivated to reach our goals. This course includes 3 Units: Getting Active, Improving Performance and Lifestyle. Popular unit topics include: Basics of Physical Activity & Exercise, Muscular Strength & Endurance, and Effects of Media & Culture. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1

## ReVision Quest

Come and join us for a course that uses podcasts by CBC which "mixes personal storytelling, current affairs interviews and comedy to explore issues affecting Native peoples today ..."  
([www.cbc.ca/revisionquest/about/](http://www.cbc.ca/revisionquest/about/)) In this course, we will work on tasks built around each topic.  
*Based on curriculum created by Ningwakwe Learning Press.*

Learning Platform	Moodle Short Course
OALCF Details	Find & Use Information A3

## Self Management/Self Direction

This course focuses on preparing learners to make decisions and set goals for life and employment based on a resource from the Ontario Native Literacy Coalition. It includes topics such as Transitions, Decision Making, Goal Setting, Time Management, Learning Styles and Independent Learning. Note: This is a 6-session course.

Dates and Times	Sep. 18 - Oct. 4 Tue. & Thu. 10:30am – 12:30pm
OALCF Details	Communicate Ideas & Information B3



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## ESSENTIAL SKILLS

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### **Computer Use Essential Skills**



Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will complete such topics as Introduction to Computers, using the internet, spreadsheets and word processing. Please note that tutorials demonstrate in Microsoft. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Use Digital Technology D1-3

### **Math Essential Skills**



Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus on numeracy, the ability to use numbers. We use this skill when working with money, scheduling activities, budgeting or measuring things. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Understand and Use Numbers C1-4

### **Reading Essential Skills**



Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus on reading strategies for messages, letters, and reports. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1; A2

### **Writing Essential Skills**



Essential Skills are the skills needed for work, learning and life. They provide the foundation for learning all other skills. In this independent learning course, you will focus writing strategies to complete notes, short memos, directions and reports. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Communicate Ideas & Information B1-3



## Preparation for CREDIT and POST-SECONDARY

### Accucess Assessments for Math, Reading or Language

Not sure what level of Math, Reading or Language you should be registering for? This independent learning course is an easy online assessment that allows you to be quickly placed into the appropriate level in the following areas: Reading, Language Arts and Math. Based on the results of these assessments, a personal learning path is created to meet your educational goals. Your mentor will be there to follow your progress and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information; Communicate Ideas & Information; Understand & Use Numbers

### Take a Test

This course is designed for the learner preparing to enter the Credit or Post-secondary path. Preparing for a test can seem overwhelming, so learn strategies on how to successfully prepare for taking a test. We will practice various techniques for studying and overcoming common barriers to successful test taking.

Learning Platform	Moodle
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B1-3

### PreGED

This independent learning course is for you if you are preparing to write your GED or take a GED prep course. Math, Reading, Writing and Science are available.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3; Understand & Use Numbers C2, 4

### Ready for College

Are you thinking of applying to college or other training? Have you been out of school for awhile and would like to brush up on your skills? Reading, Writing and Math are available. You are able to progress through this course at your own pace. Your mentor will be available to follow your progress, and answer any questions.

Learning Platform	Plato
OALCF Details	Find & Use Information A1-2; Communicate Ideas & Information B2-3; Understand & Use Numbers C2, 4

### Write an Essay

This course is designed for the learner who is preparing for postsecondary programs. Learn the basic skills for essay writing by breaking it down into stages. Key topics covered are brainstorming, essay structure, paragraphs, thesis statements, and editing.

Learning Platform	Moodle
OALCF Details	Communicate Ideas & Information B2.3



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## Career Introduction Courses

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These courses are offered in the **Independent Learning Platform Plato**.

With all Career Introduction Courses participants should be comfortable working with level 2 & 3 OALCF tasks. These courses take approximately 90 days to complete. There are small references to American information. We encourage participants to research comparable Canadian information. We do **not** offer credits for these courses. Please note that some of these courses include 2 parts so please talk to your mentor.

- Accounting
- Medical Terminology
- Career Explorations
- Child Development & Parenting
- Computer Programming
- Culinary Arts **\*NEW\***
- Drafting & Design
- Essential Career Skills
- Game Development
- Graphic Design & Illustration
- Introduction to Fashion Design
- Introduction to Finance
- Introduction to Robotics **\*NEW\***
- Introduction to Social Media
- Marketing, Advertising & Sales
- Music Appreciation
- Personal Finance
- Principles of Agriculture, Food & Natural Resources
- Principles of Architecture & Construction
- Principles of Arts, A/V Technology, & Communications
- Principles of Business, Marketing & Finance
- Principles of Engineering & Technology
- Principles of Health Science
- Principles of Hospitality & Tourism
- Principles of Information Technology
- Principles of Manufacturing
- Principles of Transportation, Distribution & Logistics
- Professional Photography
- Psychology
- Sociology
- Web Technologies

For **descriptions** and **more information** on the Career Introduction Courses listed above

[CLICK HERE](#)

Contact your mentor if you have any questions.